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eague e.g. Glલ	eague e.g. GloucestershireEven	Event e.g. Year 10 Girls		Division e.g. Div. 2 Group A		Date _	
НОМЕТЕАМ:	<u> </u>		AWAY TEAM:	₹.			
	Full Player Name(s)	LTA Rating		Full Player Name(s)	LTA Rating	Score	Winne
Singles 1			Singles 1				Home/Away
Singles 2			Singles 2				Home/Away
			Singles 3				Home/Away
Singles 4			Singles 4				Home/Away
			Doubles 1				Home/Away

(3-3 in rubbers), a doubles tiebreak shoot-out (to 10 points, with 2 clear) shall be played. One bonus point will be awarded to the A team is awarded 2 points for each rubber won. At 6 points each

Doubles Shootout Playing Order:

Player 1 – One of the original players from the 1st/2nd singles rubbers or number 1 doubles pair Player 2 – One of the original players from the 3rd/4th singles rubbers or number 2 doubles pair

Home/Away

HOMETEAM CAPTAIN	AWAY TE	AWAY TEAM CAPTAIN	WINNING TEAM
Name	Name		Match Result: 12-0, 10-2, 8-4 or 7-6
Signed	Signed		Shoot Out Result If required. E.g. 10-7



LET'S PUMP IT UP!

...WITH CARDIO TENNIS!

The three hour Cardio Tennis Teacher Training Course has been developed to provide secondary school teachers with the knowledge and skills to deliver Cardio Tennis within a school environment.

Cardio Tennis is a tennis-inspired workout played to up-tempo music. It's a fun group activity that features drills and games to provide pupils of all abilities with a high energy workout, suitable for both disabled and non-disabled pupils as well as those that haven't played before. We've developed specific training, resources and equipment to support secondary school teachers to deliver Cardio Tennis in a school environment.

Teachers attending the course are provided with a copy of the 'Cardio Tennis Teacher Resource' which contains quidance, activity cards and lesson plans to support teachers to deliver Cardio Tennis and provide pupils with a fun, tennis inspired workout.

Teachers are also provided with guidance on how to implement and market Cardio Tennis, how Cardio Tennis can link to other curriculum subject areas as well as how to access guidance and resources to support the delivery of both traditional and modified versions of the sport in schools. Schools also receive a discount on a Cardio Tennis Equipment Pack.

In addition to the Cardio Teacher Training Course we also deliver a Secondary Schools Tennis Teacher Training Course. Attendees receive resources to support delivery in school, as well as an equipment discount.

To book onto a course, please visit our website: www.lta.org.uk/ workforce-venues/coach-teach/coach-development-courses



MEMBERSHIP

Register at schoolstennis.org for access to:

- · Range of online resources
- Equipment discounts
- · Entry to Schools Wimbledon Ballot
- · Access to Small Grants Scheme

"I have just delivered my first Cardio Tennis session with my Year 7s and it was brilliant! They loved it, were fully engaged and kept moving and dancing to the music the whole time. I enjoyed it and felt like I had a work out too! The girls have already asked if we can do the same again tomorrow!"

SECONDARY SCHOOL PETEACHER, IPSWICH

WELCOME

Welcome to the Team Tennis Schools Year 7&8 and Year 9&10 Competition 2019. Thank you for entering the competition. By this time you should have now received your draw & fixtures and you can look forward to a successful summer term of tennis.

We are delighted to be able to provide some free Babolat Tennis Balls to those schools who were among the first 400 to enter this year's competition.

We are very pleased to continue with our Division 2 Finals which are now in their fourth year. Over 450 students across the country took part in Division 2 Regional Finals last year. If you're competing in a Division 2 league there is the opportunity for your team to earn their spot. Full details can be seen at: www.LTA.org.uk/Team-Tennis-Schools

It is important you take this guide with you to each match as it contains the rules and the important match scorecard uou will need to complete on the day. By having this guide with you it should reduce a large number of queries you may have.

Good luck and we hope you enjoy competing in the Year 7&8 and Year 9&10 Competition 2019.

Regards,

C. Mills

Charlotte Mills

LTA Competitions schoolscompetition@LTA.org.uk The purpose of this guide is to during and after match day. Please

PRE MATCH DAY TIPS

MATCH DAY TIPS

6

YR 7&8 AND YR 9&10 COMPETITION RULES

KEY RULE REMINDERS 2019:

- 1. NEW Ratings Cap at **Division 2**: Please ensure you read and follow Rule 1.5 before the season and follow this NEW rule for each fixture.
- 2. Doubles Playing Order Rule: Please ensure you read and follow Rule 3.6 regarding the possible inclusion of a



PRE MATCH TIPS

HOME TEAMS

As soon as the fixtures are published, confirm the match date, time and venue with your opposing captain(s). If you have any problems contacting your opponent, please contact your league organiser.

Ensure sufficient courts are booked as soon as the time and date of the match is confirmed with your opposition.

2-3 days prior to the match, send a reminder email or text message to your opposing team captain to remind them of agreed meeting time and confirm the match arrangements.

Ensure you have court equipment available such as match balls and a net winder.

AWAY TEAMS

As soon as the fixtures are published, confirm the match date, time and venue with your opposing captain(s). If you have any problems contacting your opponent, please contact your league organiser.

Investigate travel distances/times at this stage and plan accordingly

YOUR MATCH ARRANGEMENTS

As soon as the league fixtures are sent out please begin arranging your matches. Use this helpful box below to keep a record of your match arrangements once theu are confirmed:

FIXTURES	OPPOSITION	DATE	VENUE	TIME	CONFIRMED?
Fixture #1					
Fixture #2					
Fixture #3					
Fixture #4					
Fixture #5					

MATCH DAY TIPS

HOME TEAMS

Before Departure

Ensure you have your captain's guide with you at the match. This guide contains the important match scorecards that need to be completed as well as the competition rules.

On Arrival

We suggest arriving 30 minutes before the agreed start time to gather any equipment required such as match balls and to let your team warm up.

- Welcome your opposing team captain to your school, showing them where match courts, changing rooms etc can be found.
- 15 minutes before match time complete the player nominations with your opposing captain.

During/After Match

Stay close to the courts throughout the match, keeping an eye on the matches taking place. Speak to your opposing captain on site should any issues arise.

AWAY TEAMS

Before Departure

Ensure you have your captain's guide with you when traveling to the match. This guide contains the important match scorecards that need to be completed as well as the competition rules.

On Arrival

We suggest arriving 30 minutes before the agreed start time.

- Locate the match courts and opposing team captain.
- 15 minutes before match time complete the player nominations with your opposing captain. If possible to players may be able to warm-up/practice before the match begins.

During/After Match

Stay close to the courts throughout the match, keeping an eye on the matches taking place. Speak to your opposing captain on site should any issues arise.

Ensure your match scorecard (see pages 8-12), is fully complete and signed by both captains before you depart.



TEAM TENNIS SCHOOLS YEAR 7&8 AND YEAR 9&10 COMPETITION RULES 2019

1. ELIGIBILITY

School Eligibility

1.1 Entry to Team Tennis Schools Year 7&8 & Year 9&10 ("the Competition") is open only to schools in England, Scotland, Wales. Channel Islands and Isle of Man.

Team Eligibility

- 1.2 Events: Year 7&8 Boys, Year 7&8 Girls, Year 9&10 Boys and Year 9&10 Girls.
- 1.2 A school may enter more than one team in each event
- 1.3 Where a school has two or more teams in an event, the 'A' team should be the strongest team based on ratings, and if applicable, the 'B' team should be stronger than the 'C' team based on ratings etc.
- 1.4 Where a school has two or more teams in an event, a player may 'play up' on a maximum of one occasion without loss of eligibility in their lower team. Once a player has represented a higher team on more than one occasion, they are no longer eligible to represent the lower team.
- 1.5 A rating cap applies in the Division 2 event only as outlined below:
 - Year 7&8 Division 2 In each fixture a team may use only one plauer rated 9.1 – 6.1 as of 23 April 2019
 - Year 9&10 Division 2 In each fixture a team may use only one player rated 8.1 5.1 as of 23 April 2019

Player Eligibility

- 1.6 A player must be a registered member of the school on 23 April 2019. With the exception; where players move schools between local league and the knockout stages they may continue to represent their original school. If they wish to represent their new school they may only do so if they have not represented any other school in the previous term in either age group or division. A Year 6 pupil from the summer term 2019 is eligible to compete from September 2019 as a Year 7 pupil) in the knockout stage, regional finals and national finals.
- 1.7 Year 7&8 Boys & Year 7&8 Girls A player must be in Years 7-8 or born between 1 September 2005 and 31 August 2007.
 Year 9&10 Boys & Year 9&10 Girls A player must be in Years 7-10 or born between 1 September 2003 and 31 August 2007.
- 1.8 A player may only represent one school in the competition.
- 1.9 A player may only compete in one event in the competition.

2. COMPETITION STRUCTURE

2.1 League Stage

Local leagues (comprising of two divisions; division 1 and division 2) are coordinated by a league organiser who has the discretion in conjunction with the national organisers to organise local leagues in the most appropriate way for their area.

2.2 Division 2 Regional Finals

The Division 2 winner from each league will progress to Division 2 Regional Finals. This is co-ordinated by the national organisers. An LTA Referee will be on site at each Regional Finals.

2.2 Division 1 Knockout Stage

The top team from each division 1 will progress to the knockout stage. This is co-ordinated by the national organisers and draws are based on geography and travel distance.

2.3 Division 1 Regional Finals

The 16 winning teams in each event from the knockout stage will compete in one of four regional finals. Prior to the regional finals, teams shall nominate a maximum of 5 players

for the day. The national organisers shall seed 2 teams in each draw based on the British Tennis Ratings of the top 4 nominated players. Only 5 players can be used by a team on the day. The team captain will be allowed on court during rubbers and will be subject to the 'on court team captains' Code of Conduct.

2.4 National Finals

The winning teams in each event from the 4 regional finals will compete in the national finals. Prior to the national finals, teams shall nominate a minimum of 4 and maximum of 5 players for the Finals. Doubles nominations will be required at the same time as singles nominations. The national organisers shall seed 2 teams in the draw based on the nominated players' British Tennis rating. The team captain will be allowed on court and will be subject to the 'on court team captains' Code of Conduct.

The order of play for matches at the National Finals will be singles 4, singles 3, singles 2 and singles 1 followed by doubles 2 then doubles 1.

3. MATCH ARRANGEMENTS

3.1 Dates

Matches shall be played on the dates specified by the league organiser. However, there will be flexibility to play before the date if both teams agree and there is prior consent from the league organiser. It is both team captains responsibility to make contact with the opposing captain before the match date. Each team must have an adult captain present at each match.

3.2 Ball

The home team shall supply 3 LTA approved balls for each rubber.

3 Match Format

A match shall consist of 4 singles and 2 doubles rubbers.

3.4 Team Format

A team shall consist of 4 or 5 players for each fixture. Four players shall play one singles rubber each. A 5th player may be selected for one doubles rubber only at the discretion of the team captain.

3.5 Singles Nominations

At least 15 minutes before the start time of each match, team captains must nominate in writing (on a Team Tennis scorecard) their singles players in order of merit in accordance with current British Tennis Ratings. If players have the same rating, the captain can decide the team order which may change from fixture to fixture. Players with no British Tennis rating must play in order of merit but not above any rated player.

3.6 Doubles Nominations

Doubles Pair 1: Singles 1 & 2 Doubles Pair 2: Singles 3 & 4 A 5th player can substitute directly for any of the four singles players. E.g. if player number 5 (doubles only player) substitutes for singles player 2, then player number 5 will play in the number 1 doubles pair. Doubles nominations may be submitted after the completion of all singles rubbers.

3.7 Order of Plau

Round 3 Doubles 1&2

 On 2 Courts
 On 3 Courts
 On 4 Courts

 Round 1
 Singles 1&2
 Singles 1&2, Doubles 2
 Singles 1-4

 Round 2
 Singles 3&4
 Singles 3&4, Doubles 1
 Doubles 1&2

3.8 Rubber Scoring

Singles & Doubles Each rubber is one set with a tiebreak at 6-6 In division 2 each rubber may be 1x short set (to 4 games) with a tie-break (to 7 points, with 2 clear) if 4-4 is reached. A short set may also be used at Division 1 & 2 Regional Finals at the discretion of the on-site Referee.

3.9 Match Scoring

A team is awarded 2 points for each rubber won. At 6 rubber points each, a doubles tiebreak shoot-out (to 10 points, with 2 clear) shall be played. 1 bonus point will be awarded to the winning team in a tiebreak shoot-out, i.e. 7-6.

Tie-Break Shootout Format (1 pair):

Player 1: One of the original players from the 1st/2nd singles rubbers or number 1 doubles pair.

Player 2: One of the original players from the 3rd/4th singles rubbers or number 2 doubles pair.

3.10 Match Result

The team with the most rubber points shall win the match. A team will receive 2 match points on the league table for a match win.

Both captains must complete and sign the Team Tennis scorecards. The winning team captain must submit the result within 48 hours.

3.11 Division Standings

The final standings in each division shall be determined by the following:

- I. The team with the greatest number of match points.
- II. If match points are equal, the team with the greatest number of rubber points.
- III. If only two teams are level on match points and rubber points; their head to head result.
- IV. If more than 2 teams are level, the round robin rule in the LTA Competition Regulations will determine the standings

4. PROBLEM SOLVING ISSUES

4.1 Late Arrival

If a team arrives more than 30 minutes after the agreed start time, the opponents can claim the two doubles rubbers by a score of 6-0. If a team has not arrived 1 hour after the agreed start time, the opponents will be awarded the entire match by a score of 12-0.

4.2 Incomplete Teams

If a school is unable to field a complete team for the match then they shall first forfeit the lowest singles rubber and the second doubles rubber, followed by the next lowest rubber and so on. The opposing team shall be deemed to have won forfeited rubbers by a score of 6-0.

4.3 Player Retirement

If a player retires during a rubber, the opponent shall be deemed to have won all the remaining games necessary to win the rubber. The player retiring from the rubber shall be eligible to compete in any remaining rubbers/tiebreak shoot-out.

4.4 Completion of Matches (due to inclement weather)

If a match cannot be started due to rain or rain stops play then the match may be rearranged on or before the rain date at the original venue as set by the league organiser.

If a match is rained off on two occasions the match is halved with each team receiving 1 match point and 6 rubber points.

In knockout round fixtures, the organiser will draw by lot to determine the winner.

If play is suspended after a match has started then the match shall resume at the point of suspension. All points played shall stand. If a player is unavailable when a match resumes, the suspended rubber and all subsequent rubbers for that player are awarded to the opponent(s).

4.5 Team Withdrawal

Teams receiving an entire team walkover will win all rubbers 6-0, and will receive maximum rubber points and a match win. The league organiser has the power to withdraw a team from the league where matches have not been played by the set date.

4.6 Playing out of order / Ineligible Player(s)

If players play out of order then the singles rubbers involving those players shall be forfeited by a score of 0-6. Where doubles pairings are not in line with Rule 3.6 that school shall forfeit both doubles rubbers.

If an ineligible player competes then the singles rubber involving the player concerned, and all singles rubbers lower in the team order shall be forfeited by a score of 0-6.

5. REGULATIONS

- 5.1 All matches in the Competition shall be conducted in accordance with the ITF Rules of Tennis, the Rules and Regulations of the LTA regulations, the LTA Competition Regulations, the LTA Code of Conduct, and the competition regulations (in the event of any inconsistency, the competition rules shall prevail). Each player participating in the competition grants and assigns to the LTA the right to make, use and show from time to time and at its discretion, motion pictures, still pictures and live taped or filmed television and other reproduction of him/her during the event and in connection with the promotion of the event without compensation for him/herself. Such promotional activities by the LTA shall not be identified as or represented to be an endorsement by the player of any product/company.
- 5.2 The day to day organisation of the Competition shall be carried out by LTA Competitions Team (CT). The Competition is sanctioned by the LTA under the management of the CT. The CT shall have the power to decide on matters of interpretation of these regulations, to impose penalties including, but not limited to, the deduction of points and suspension for breaches of these regulations; to suspend or modify any of these regulations in appropriate circumstances. The CT decision on all matters is final.
- 5.3 Any complaint/dispute shall be made in writing on email to schoolscompetition@LTA.org.uk by the team captain within 48 hours of the cause of the complaint/dispute arising. Nevertheless, the CT shall have the power to consider any matter coming to their attention subsequently.
- 5.4 All players are subject to the rules and regulations of the LTA (including, without limitation, the LTA's Anti-Doping Programme, the Disciplinary and Dispute Resolution Procedures and the Regulations Concerning Match Fixing, Financial Speculation and Betting) and fully and unconditionally submit to the jurisdiction and authority of the LTA by competing in the Competition.

To feedback on these rules please email **schoolscompetition@lta.org.uk**

- With the exception; where players move schools between local league and the knockout stages they may continue to represent their original school. If they wish to represent their new school they may only do so if they have not represented any other school in the previous term in either age group or division. A Year 6 pupil from the summer term 2018 is eligible to compete from September 2018 (as a Year 7 pupil) in the knockout stage, regional finals and national finals.
- The order of play for matches at the National Finals will be singles 4, singles 3, singles 2 and singles 1 followed b doubles 2 then doubles 1.
- . In division 2 each rubber may be a short set (to 4 games) with a tie-break (to 7 points, with 2 clear) if 4-4 is reached. A short set may also be used at Division 1 & 2 Regional Finals at the discretion of the on-site Referee.

Share your team's experience on social @LTACompetitions #Schoolstennis	

HOMETE	НОМЕТЕАМ CAPTAIN	AWAY TEA	AWAY TEAM CAPTAIN	WINNING TEAM	
Name		Name		Match Result: 12-0, 10-2, 8-4 or 7-6	
Signed		Signed		Shoot Out Result If required. E.g. 10-7	

Player 1 – One of the original players from the 1st/2nd singles rubbers or number 1 doubles pair. Player 2 – One of the original players from the 3rd/4th singles rubbers or number 2 doubles pair. Please circle the players involved in the match tie-break doubles shootout. Doubles Shootout Playing Order:

A team is awarded 2 points for each rubber won. At 6 points each (3-3 in rubbers), a doubles tiebreak shoot-out (to 10 points, with 2 clear) shall be played. One bonus point will be awarded to the winning team in a tiebreak shoot-out, i.e. 7-6.

League e.g. Gloucestersnire		Event e.g. Year 10 Girls		Division e.g. Div. 2 Group A		- Date -	
нометеам:	:Σ		AWAY TEAM:	77			
	Full Player Name(s)	LTA Rating		Full Player Name(s)	LTA Rating	Score	Winner
Singles 1			Singles 1				Home/Away
Singles 2			Singles 2				Home/Away
Singles 3			Singles 3				Home/Away
Singles 4			Singles 4				Home/Away
Doubles 1			Doubles 1				Home/Away
Doubles 2			Doubles 2				Home/Away

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League e.g. Gloucestershire

Event e.g. Year 10 Girls

Division e.g. Div. 2 Group A

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HOME TEAM:	Ξ.		AWAY TEAM:	š			
	Full Player Name(s)	LTA Rating		Full Player Name(s)	LTA Rating	Score	Winner
Singles 1							Home/Away
Singles 2			Singles 2				Home/Away
Singles 3			Singles 3				Home/Away
Singles 4			Singles 4				Home/Away
Doubles 1							Home/Away
Doubles 2			Doubles 2				Home/Away

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Doubles Shootout Playing Order:

Please circle the players involved in the match tie-break doubles shootout. Player 1-One of the original players from the 1st/2nd singles rubbers or number 1 doubles pair Player 2-One of the original players from the 3rd/4th singles rubbers or number 2 doubles pair.

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Name		Name		Watch Result: 12-0, 10-2, 8-4 or 7-6	
Signed		Signed		Shoot Out Result If required. E.g. 10-7	

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Name		Name		Match Result: 12-0, 10-2, 8-4 or 7-6	
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League e.g. Gloucestersnire		Event e.g. Year 10 Girls		Division e.g. Div. 2 Group A		- Date -	
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	Full Player Name(s)	LTA Rating		Full Player Name(s)	LTA Rating	Score	Winner
Singles 1			Singles 1				Home/Away
Singles 2			Singles 2				Home/Away
Singles 3			Singles 3				Home/Away
Singles 4			Singles 4				Home/Away
Doubles 1			Doubles 1				Home/Away
Doubles 2			Doubles 2				Home/Away

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League e.g. Gloucestershire

Event e.g. Year 10 Girls

Division e.g. Div. 2 Group A

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HOME TEAM:	Ξ.		AWAY TEAM:	š			
	Full Player Name(s)	LTA Rating		Full Player Name(s)	LTA Rating	Score	Winner
Singles 1							Home/Away
Singles 2			Singles 2				Home/Away
Singles 3			Singles 3				Home/Away
Singles 4			Singles 4				Home/Away
Doubles 1							Home/Away
Doubles 2			Doubles 2				Home/Away

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